



## Cold Weather Policy

Please review the attached cold weather policy with your children. Wearing only a hooded sweatshirt is not appropriate for cold weather. Please insure your children leave home with the proper clothing for the weather as they will be going outside for recess every day and might also be on board a bus that breaks down.

Dear Parents/Guardians:

Cold, wet weather is here. Appropriate clothing, however, can keep your child warm and dry. Fresh air and exercise are good for the children, even those with minor disorders or recovering from an illness. School policy states that all children go outdoors at recess unless the chill factor exceeds -10 degrees, or it is raining significantly.

Please consider these suggestions for adequate dress:

1. **Water repellent hat, coat, and foot gear for damp, misty days.**
2. **Mittens or gloves:** Mittens are generally warmer. It is advisable to attach them to the coat by clips or cord through the sleeves. Aside from frostbite, hands can be injured by grasping the cold metal of playground equipment with bare hands.
3. **Cap or Ski-Band:** One of these should be worn even if your child's coat or snowsuit has a hood. Hoods frequently do not stay in place and often do not fit snugly enough to protect properly.
4. **Clothing:** Several layers of light clothing that fit comfortably without binding are better than heavy bulky items. Remember snowsuits or pants are desirable for both boys and girls. Both could wear long underwear and warm slacks that can be removed in the classroom. Bare legs or one layer of uninsulated clothing is not enough to protect your child.
5. **Foot Gear: Keeping feet dry is most important.** Insulated boots or boots worn over the shoe provide good protection. Both types should be removed indoors. Rubber boots, especially, should not be worn inside the school room. Lack of ventilation causes feet to perspire and become wet. Wet feet will be cold feet on the next trip outdoors. Continued wet feet will lead to skin problems. A hair dryer is very handy for drying boots at home.
6. **A light shoe (tennis shoes are ideal) should be left in the classroom for indoor wear.**
7. **Stocking feet are not adequate in case of fire drill.**
8. **All removable clothing should be labeled with your child's name.**



A note from you to the teacher or nurse when your child has an ailment, or is recovering from one, is appreciated. Appropriate measures will then be taken. If you have any special problems, please contact us.